

CH DAYS LLENGE

HEN AND STAG NIGHT GUIDE





THEMES

- Cowboys and Indians (toy guns, cowboy hats, squaw plaits, feathers..)
- The 80's (day-glo fingerless gloves, leg-warmers, puffball skirts, shoulder pads, frosted lipsticks...)
- Superheros/Villains (Incredible Hulk, Superman, Wonder woman, Supergirl, Lara Croft, Cat Woman...)
- Wigs (afro, hippy, glitter, sexy...)
- Angels and Devils (wings, halos, horns, tridents...)
- Schoolgirls/boys (fake plaits, caps, long socks, uniform, freckles...)
- Traditional (L-plates, veil, condoms, tiara...)



- Hawaiian (grass skirts, garlands...)
- Brownies/Guides/Cubs/Scouts
- Cats and Mice (ears, tails, face painting....)
- The Ark (a variety of animal noses)
- Witches and Wizards (pointed hats, cauldrons, broomsticks....)
- Men (trousers, ties, moustaches, hairy chests...)
- Old women (wrinkled stockings, comfort shoes, hats, aprons, talcum powder in your hair...)
- Characters from TV programmes (Star Trek, Charlie's Angels, Only Fools & Horses, Zena the Princess Warrior, Eastenders...)
- Cops and Robbers (eyemask, swag bag, police uniform, truncheon, handcuffs....)
- Nuns/monks (wimple, cross, habit....)
- Vamps (white foundation, red lips, black sexy clothes)

Simple ideas:

- everyone dresses in a certain colour
- bad taste
- black tie
- everyone dresses in a certain colour
- T-shirts with hen/stags face on
- glow in the dark items



GAMES

Mr & Mrs Quiz

Speak to the hen or stag's future spouse for information to be used in the Mr & Mrs Quiz. Write or print out a list of about 20 questions

On the night, ask the hen/stag the questions. For every question they get right they win a small prize/treat. For every question they get wrong they have to undertake a forfeit.

Suggested questions

- how old were they when they had their first kiss?
- how old were they when they lost their virginity?
- what was the name of their first serious boy/girlfriend?
- what colour is their toothbrush?
- what is their pet name for you?
- what is their favourite sexual position?
- what was the name of their first hamster/dog/cat/budgie....?
- what is their least favourite household chore?
- what item of clothing do they put on first in the morning?
- where were they born?
- what item would they take to a desert island?
- their favourite single / album / movie?
- favourite type of takeaway food?
- what they wanted to be when they were little?
- most cherished possession?
- who would they most like to be stuck in a lift with?

Suggested Prizes

- Massage oil
- Joke book on married life
- Handcuffs
- Favourite drink
- Party poppers/streamers/silly string
- Photo frame
- Poster of favourite pop/film star
- Kama Sutra pocket book
- Chocolate body paint
- Disposable camera
- Condoms
- Willies (chocolate, rubber...)



PASS THE PARCEL

Wrap a series of little gifts/forfeits in multiple layers of wrapping paper

Ask everyone a question and the person with the right answer gets to unwrap a layer. For example 'who isn't wearing any underweare' or 'who has a crush on Kelly Brook'.

Gift ideas/forfeits as above

FORBIDDEN FRUIT

You will need pieces of paper and pens for each player.

Everyone has to think of 6 things they can never get enough of. Write one on each scrap of paper, fold them up and place them in a bowl or other receptacle.

One by one they are removed and read out. Everyone has to vote on whom they think wrote each one. The person with most correct guesses is the winner.

VARIATION: Rather than 'things you can't get enough of' use secrets and then everyone has to guess whose secret belongs to whom.

PHYSICAL CHALLENGE

You will need a cardboard cereal box. Tear off the flaps on the top. Place the box in the middle of a cleared space in the room. Each member of the party must come forward and try to pick up the box with their teeth. Only their feet may touch the floor and only their mouth may touch the box. No other support can be used. That's the easy first round.

Cut or tear an inch off the top of the box so that it is shorter, and start again. The winner is the last player able to pick up the box. The box may be an inch high by this point!



PSYCHIATRIST

Choose one person to leave the room. After they have left the room explain the rules to the rest of the group – the rules are simple: the victim will ask questions and each player must answer for the player sitting to their left. You must answer the question even if you do not know the answer – and you can lie. However if the player giving the answer has said something untrue of you, you must declare psychiatrist. Once psychiatrist has been declared everybody must change places.

The only exception is that if a question is asked that will give away the game (e.g. what is your name?) the player must not answer and declare psychiatrist.

Now call the person back in the room and explain that their objective is to discover the rules of the game and that the best way to do it is to ask invasive and rude questions.

Very few people ever really win this game so play as long as you want

BALLOON CRAZY

This game is great for mixed groups. Divide the group into teams, minimum 4 people per team. Blow up 1 long sausage balloons for each team.

Line them up in neat rows. Give a balloon to the leader of each row, who must place it between their knees, pointing forwards.

On the word go the team must pass the balloon down their row, from person to person, between their knees as quickly as possible. The balloon may not be dropped or burst and you may not use hands. If the balloon is dropped it must be picked up by the knees. A burst balloon is replaced by a new one at the front of the row. The losing team must undertake a forfeit.



CHAT UP LINES

Everyone has to give an example of a cheesy chat up line. Then try them out on people in the club/pub/restaurant. A prize for the most successful result. This can be judged on quantity or quality!

For an easier version use prepared lines. Examples include

- If I could rearrange the alphabet I'd put U and I together
- Did you hurt yourself when you fell from Heaven?
- Here's 10p - go and phone your flat mate and tell her you won't be home tonight
- You know, you look a lot like my next boy/girlfriend
- Can you catch, because I think I'm falling for you
- Wouldn't we look cute on top of a wedding cake together
- I forget your name - can I just call you mine?
- Is that a ladder in your tights or a stairway to heaven?
- Do you sleep on your front? Well do you mind if I do?

DRESS THE BRIDE

You will need lots of toilet rolls or newspapers and someone to judge the result

Split the group into teams and challenge them to make the best possible wedding dress using the toilet roll or newspaper in 10 minutes.

NAIL VARNISH

Before going out (or on meeting up) everyone brings one nail colour and paints 1 of the BTB's nails.

She then has to kiss a man wearing each of the colours on her nails. If his underwear matches he has to prove it!



HOW WELL DO YOU KNOW YOUR HEN/STAG?

You will need paper and a pen, a bottle and some prizes

The hen or stag is asked a question such as 'what's your favourite sexual position?' They write their choice on a piece of paper, without showing it to anyone. The others then have to guess their answer, in turn. The first person to get the answer right wins a small prize. The game then begins again, starting from a different point so that everyone gets a chance to guess first.

Suggested questions

- who did you have your biggest crush on? (apart from wife/husband-to-be!)
- when you were little, what did you want to do when you grew up?
- Who has been your best kisser? (apart from wife/husband-to-be)
- What's your favourite colour?
- What's your favourite sexual position?
- Where's the strangest place you have had sex?
- How many men/women have you been in love with?
- How old were you when you had your first kiss?

TREASURE HUNT

In pairs, everyone has to collect 10 items as quickly as possible.

Suggested items

- | | |
|---|--|
| ➤ a pair of underpants | ➤ a lock of hair from the opposite sex |
| ➤ a feather | ➤ a condom |
| ➤ someone's phone number (not allowed to be anyone you know!) | |
| ➤ a free drink | ➤ a piece of fruit |
| ➤ a signature on your arm (again, not allowed to be from anyone you know) | |
| ➤ a business card | ➤ a sweet |

Some of these items are open to cheating (a lock of hair for example). Controversial items are decided by a vote. The winners receive a reward such as a cocktail each.



COMPETITIVE PUB CRAWL

Complete a different competitive activity in each pub on the pub crawl. Darts, Pool, Billiards, and Quizzes are some of the possible activities. In the absence of any of these you will have to get creative: 3 legged race, fastest downing of a drink etc. The winners at the end of the evening are the player with the most points and the person who can remember the exact score!

OTHERS

- Any card game, with naked men or women playing cards
- Pair up with a friend to carve a cucumber in the shape of a willy
- Create a cocktail. Everyone has to create a cocktail and have it made up by the bar staff. The best cocktail (as judged by the Bride or Groom to be) wins a prize

DRINKING GAMES

Drink while you think

The first player starts by calling out a famous person's name, for example 'Margaret Thatcher'. The next player must follow by calling out a famous person whose first name starts with the letter of the last person's surname, for example 'Tom Jones'.

Whilst thinking of a famous person the player must be drinking.

If someone uses a name that has both initials the same ie Marilyn Monroe the order of the game is reversed.



Timber

Each player in turn places a match onto the mouth of an empty bottle. As the pile gets higher each addition carries a greater risk of bringing the whole lot crashing down.

On the collapse of the pile all players are required to shout 'TIMBER' as loudly as possible. The player who has caused the matches to fall must finish their drink before the others finish theirs. If they fail they must perform a forfeit.

Mouth and bottle

A bottle is placed on the floor in an empty space. The first player stands on one leg, holds their left foot behind their body with their right hand, and their right ear lobe with their left hand. Then, bending over, they must attempt to lift the bottle off the ground with their mouth.

Any player failing to lift the bottle retires for that round and must drink a small amount. Any player succeeding can nominate another player to down an amount of drink, and then retire from the game to watch the fun.

The Station Game

Everyone chooses an underground or train station. The first player starts with an enthusiastic 'choo choo'. The next player to the left chants 'the train is leaving'. The player after that chants 'where's it going?'. The fourth player round shouts out a station name such as 'Waterloo'

The player who chose Waterloo as their station then starts the process over again. Every time someone makes a mistake by hesitating, or missing out a line for example, they must pay a drinking forfeit.



Zoo Time

Each player decides upon, and demonstrates to the others, an animal noise and associated action. For example they squeak like a mouse and mime nibbling some cheese.

The first player does their own action/noise and then, looking at a player of their choice, does the action belonging to that player as well. That player then does their own action, followed by that of another player, and so on.

Drinking penalties are given for getting any part of the action wrong ie the wrong action with the wrong noise, looking at the wrong player and so on.

The more ludicrous the actions and noises the more hilarious the game. If you have many players those who choose their animal last will be left with some difficult noises to demonstrate!

Bunnies

The first player points their two index fingers at another player, thereby nominating them as the Bunny. The Bunny must respond immediately, by putting their thumbs to their temples and wagging their bunny ears whilst repeating 'bunny bunny bunny....'

The player on the Bunny's left must raise and waggle their right ear only and the player on the Bunny's right must waggle their left ear only. Wagging must continue until another Bunny is nominated. The Bunny passes the go to someone else by removing their hands from their head and pointing their two index fingers at another player.

Bunnies make fake passes by pointing at another player with their thumbs firmly pressed against their temple. If the person this fake pass is directed at responds and waggles their ears they must pay a drinking forfeit.

Drinking fines can also be given for not responding quickly enough.



FORFEITS

For use in any of the forfeit games detailed

- Obtain an item of underwear from someone of the opposite sex
- Kiss a bouncer
- Get a man to take his pants down
- Take a set of stick-on moustaches with you. Find someone to model each one



- Do a moonie
- Kiss the ugliest person your friends can find
- Dance on the stage/table
- Kiss a police officer/firefighter/paramedic
- Sing a song
- Fake an orgasm
- Do the YMCA dance every time a chosen (unrelated) record is played
- Eat a banana from your own cleavage
- Ask a married couple for advice
- Find someone to buy the whole group a drink
- Kiss someone old, someone new, someone borrowed and someone blue (creativity needed for the last one!)
- Kiss the equivalent of the Spice Girls (Sporty, Ginger etc.)
- Kiss a bald man
- Chat someone up in a funny voice (Orville, Ali G, Frank Bruno....)
- Get the barman to buy you a drink and drink it with you through 2 straws
- Get a fireman's lift
- Gargle the wedding march
- Get someone to autograph a body part as chosen by your friends
- Kiss people whose initials spell out your name
- Give a demonstration of a Kama Sutra position
- Take a disposable camera and a list of people to take photos of (woman with red dress, man with moustache...)
- Wear a 'swizzle' sweet necklace and get a different person to eat each one
- Walk like a monkey across a crowded dance floor,
- Light a flaming Drambuie in your mouth
- Hop around the whole room on one leg
- Serenade someone. Try the bar person - you may get a free drink!
- Get a certificate of virginity signed by a police officer
- Find someone with a library card in his wallet (harder than it sounds)
- Get a spank from someone
- Pinch someones bottom
- Dance solo round a handbag on the dancefloor



ACTIVITIES

Tie a book and pen round the BTB's neck or wrist and make her gather an entry from every man in the pub/club/restaurant. Not only is this a great excuse to meet people it provides a lasting reminder of the night. Variation: provide a snog book to be signed by every man she kisses

The Best Man delivers the 'alternative wedding speech'. Now is the perfect opportunity to bring out the past girlfriends, embarrassing moments, sexual adventures....all the stories that you couldn't give at the wedding.

Make them pledge a Hen/Stag Night oath. 'I promise to obey my hens/stags at all times, to stand on the table/chair whenever I see someone with a beard' etc.

The best man has to find a willing girl to come over and say hello to the stag. The stag then has to keep them entertained and talking until the best man can bring over another. How many girls in a row can they manage?

Produce a set of tasks. Place each one in an envelope with a time written on it. The hen or stag then has to carry out that task at the stated time.

Everyone takes on a different persona for the night - silly names, outlandish occupations. A prize can be given for the person who carries their ridiculous persona off the best and convinces a stranger they're telling the truth

Set the hen or stag a series of tasks based on their past/childhood. For example, if she was a Brownie make her recite the Brownie Guide law. Or perhaps he had a starring role in a school play? Can he perform a key scene? Or was she a gymnast? See if she can still do a handstand! You can attach forfeits to these tasks if you like.

Buy a blow up doll (male or female accordingly) and then ask any men/women you come across to donate items of clothing to dress the doll with.



NICE TOUCHES

Arrange for a present such as a bottle of champagne or a bunch of flowers to greet the Bride or Groom on arrival in their hotel room/at the restaurant

The hen or stag may not want to take a camera out with them but would no doubt like a reminder of the night. So ensure one or two of the party take lots of photos on their behalf, and give them copies

Produce a hen/stag night scrap book. In this can go photos, ticket stubs, any reminder of the evening. You may also like to type up any challenges you set for the Bride or Groom to be and sign them off when completed. Then you can place the relevant photo with a copy of each challenge.

Arrange for a look-a-like of their favourite personality to turn up on the night. Or a singing telegram. Or a stripagram.

Arrange a surprise at the restaurant/club/bar such as a cake, or a cocktail with sparklers in

On leaving the event, present him/her with a giant card signed by everyone

Decorate the restaurant in the wedding colours, with tablecloths, balloons etc

Ask the DJ to make a dedication to them



THINGS TO MAKE/GIVE

A variety of T-shirt ideas

- Divide a plain white T-shirt into 8 boxes, with a different nationality written on each. The hen or stag gets a tick in each one when he/she has kissed a person of that nationality
- Print a picture of the hen or stag onto the T-shirt
- Be very creative and design a t-shirt around the hen/stag's favourite things ie chocolate, fast cars, men with big biceps....
- Print a slogan onto the T-shirt such as 'I'm getting married, please buy me a drink'

Other ideas

- If one of the group has a literary talent, ask them to produce a series of limericks about the night, the stag or the group
- Get an astrological birth chart produced for the hen/stag
- Produce/buy a Hen/Stag Night survival kit. This can include items such as breath freshener, aspirin, lipstick, eye mask. You can also turn it into a Wedding Night kit with massage oil, condom and other items

This is Your Life book

Contact someone from every stage of the hen/stag's life. Family, school, youth organisations, university, work.... Ask them for amusing/embarrassing anecdotes. Like the time she danced at a party for 2 hours without realising she had her skirt tucked in her knickers.

Using a big red blank notebook compile all the stories and use photos/drawings to illustrate.

This does require a lot of preparation and help from other people, but provides the hen/stag with a lasting and touching reminder of the event, as well as memorable moments of her life.