

# THE DIRT

FROM THE FANATICS

# FROM THE DEN

November 15, 2006  
Vs. BYU



## → The Tradition Continues ←

Welcome to The Dirt from the Den, basketball style. As many of you know, we strive to provide you, the students, with the information needed to not only know your opponent, but also with a little dirt to get into their heads. In addition, you'll find the words to our school's songs and a list of UCLA traditions to make you a true Bruin.

As you cheer on your Bruins today, you are not just part of the game-day crowd, you are part of a tradition. Stop and take a moment to look around; look at the record 11 basketball national championship banners hanging from the rafters, 11 of UCLA's nation-leading 99 athletic team championships; look at the court in Pauley Pavilion, the site of so many classic Bruin victories, which now bears the name of John Wooden and his late wife Nell. Coach Wooden led UCLA to ten national championships, seven of them consecutively, and is considered by many the greatest coach of all time in any sport. As a Bruin fan, you're part of an amazing tradition. Be loud, be proud, and remember the UCLA history that surrounds you.

## → Scouting Report: Our Den, Our Team ←

**Backcourt:** Even with the departure of Jordan Farmar to the NBA, UCLA has an extremely talented and deep backcourt. Junior shooting guard Arron Afflalo (#4), whom the media are touting as a preseason all-American, is perhaps the best player in the conference and will provide experience and leadership to a still very young squad. Darren Collison (#2), who saw extensive minutes last year as a backup, takes over for Farmar at the point; one of keys to how far UCLA will go this season will likely be how Collison handles the point, this season as the team's quarterback. Freshman Russell Westbrook (#0) will back Collison up at point guard, and will also get action at his natural shooting guard position. The Bruins' biggest addition this year though is not a freshman, but redshirt sophomore swing man Josh Shipp (#3), who returns after missing most of last season with injury.

**Frontcourt:** The catalyst for UCLA's success last year came from an unexpected source in Cameroonian freshman forward Luc Richard Mbah a Moute (#23). The now sophomore has come to epitomize Ben Howland's style of play with staunch defense and instinctive rebounding. Mbah a Moute earned Pac-10 Freshman of the Year honors last season as he led conference freshmen in rebounding, and could, if his offensive skills improve, be looking at plenty more awards and accolades by this season's end. Joining Mbah a Moute in the starting frontcourt will be Alfred Aboya (#12), who adds a defensive presence and plenty of energy inside. Expect sophomore Ryan Wright (#11) to contribute up front as well.

**Bench:** Barring injuries, which plagued the team most of last season, UCLA should have a deep team. Westbrook, along with sophomore Michael Roll (#20) will provide depth at guard. The most heralded member of this year's recruiting class James Keefe (#13) should provide a productive presence off the bench for UCLA's front court. If Lorenzo Mata (#14) can stave off injury, and once freshman Nikola Dragovic (#41) returns from NCAA suspension, UCLA will have plenty of bodies up front.

**Coaching:** Head Coach Ben Howland would be hard pressed to surpass the success of last season's trip to the championship game, but many believe he has the talent this year to not only return to the final game, but take home UCLA's 12th national championship. Many media outlets are picking UCLA to repeat as Pac-10 champions and to return to the Final Four, and the Bruins have their highest ranking at 5 in the Coaches Poll and 6 in the AP Poll going into a season since 2001-2002. Howland's coaching philosophy of defense wins championships has taken root in Westwood, and with Howland winning the recruiting battles on the West Coast, i.e. Kevin Love, UCLA is back to stay among the nation's elite teams.

## → THE DIRT ←

It has been a rough couple of years for the BYU cougars. In the 2004-2005 season, BYU went an embarrassing 9-21, and last season, they lost to Houston in the first round of the postseason NIT and called *that* a successful year. The Cougars are looking to rebound this year, but unfortunately, they open their season against #6 UCLA and will get off to an inauspicious 0-1 start.

With the first blemish on BYU's record in over five years, starting point guard Rashaun Broadus (#1) was suspended for a game last season for "unspecified reasons." The team really missed his 9.0 points and 3.7 assists per game, but luckily the towel boy was able to fill in the minutes and match Broadus' stats for the game. Maybe we can talk to former players Michael Garrett and Ron Selleaze, who were kicked off the team for marijuana possession, what exactly "unspecified reasons" are.

Recently, BYU has faced some scrutiny for loosely administering study-by-mail courses to students. In a U\$C-esque move, it seems students with unit deficits or low GPAs are abusing the system by taking a heavy workload and getting easy grades because of the negligence of the study-by-mail system. A UCLA student could only dream of getting credit that easily.

All and all the Brigham Young Cougars have a pretty clean record. Either that, or they are not important enough for anyone to care about.

# CHEER LIKE CHAMPIONS! Beat the Cougars!

## → Just the Facts ←

### **UCLA Bruins** - Head Coach Ben Howland

0 Russell Westbrook	G	6-3/187	FR
2 Darren Collison	G	6-1/165	SO
3 Josh Shipp	G/F	6-5/220	SO
4 Arron Afflalo	G	6-5/215	JR
5 DeAndre Robinson	G	6-5/210	RS SO
10 Mustafa Abdul-Hamid	G	6-2/185	FR
11 Ryan Wright	C/F	6-8/240	SO
12 Alfred Aboya	F/C	6-8/235	SO
13 James Keefe	F	6-8/220	FR
14 Lorenzo Mata	C	6-9/240	JR
20 Michael Roll	G/F	6-5/200	JR
23 Luc Richard	F	6-8/230	SO
Mbah a Moute			
24 Joey Ellis	G	6-2/185	RS SO
41 Nikola Dragovic	F	6-8/215	FR
55 Matt Lee	G	6-0/170	JR

### **BYU Cougars** - Head Coach Dave Rose

1 Rashaun Broadus	G	6-0/190	SR
2 Mike Rose	G	6-3/185	SR
3 Keena Young	F	6-6/215	SR
5 Jordan Cameron	G/F	6-5/220	FR
10 Vuk Ivanovic	C/F	6-10/250	JR
13 Austin Ainge	G	6-2/180	SR
15 Fernando Malaman	F	6-9/220	SR
20 Sam Burgess	G	6-3/190	JR
23 Jimmy Balderson	G	6-6/205	SR
24 Ben Murdock	G	6-2/185	JR
30 Lee Cumard	G	6-6/180	SO
31 Brock Zylstra	G/F	6-6/205	FR
44 Trent Plaisted	F/C	6-11/245	SO
45 Jonathan Tavernari	G/F	6-6/215	FR
50 Gavin MacGregor	F/C	6-9/235	SO

## **Inside the Den**

[www.studentgroups.ucla.edu/theden](http://www.studentgroups.ucla.edu/theden)

### **Next Den Meeting:**

Tuesday November 27th,  
7:00pm, outside Pauley Pavilion.

### **Women's Volleyball:**

Friday November 17th,  
7:00pm vs. USC. Free candy.

### **Men's Water Polo:**

Sunday November 19th,  
1:00pm vs. UC Irvine,  
Sunset Rec. Free pizza.

### **Women's Basketball:**

Tuesday November 21st,  
7:00pm vs. Oklahoma. Free  
pizza to first 250.

### **Blue and Gold Week:**

November 27-December 2;  
Bruin Night Out, November 29;  
parade, bonfire, and rally,  
November 30.

### **WEAR YOUR DEN T-SHIRT**

Turn Pauley Blue!

(Mandatory for Lower Level Seating)



## → UCLA Basketball Traditions ←

- Pre-game roll call of UCLA players
- Frisbee Cheer: "Is this a basketball?"...
- Opponent Introduction Signs
- After National Anthem: 1-2-3 "Play Ball"
- Player Foul Out: "Left, right" with steps.  
Leader: 1-2-3, "So Long Chief"
- Opponent's Free Throw: "Bounce, bounce, YELL"
- Free Throw: One finger up, "woosh", clap clap
- Stand up & turn around for visiting cheer team
- Point totals: clap one time for each point
- Chant "airball" any time player touches ball
- ... to the line to complete the "3 point play"
- At 10 sec. on opp. shot clock, start 5 sec. count
- Supershot: A Lowly Trojan all-star gets  
"absolutely nothing" with arms above head like O
- ~2min left, with a lead, U-C-L-A around Pauley

## → Song Lyrics ←

### **Sons Of Westwood**

We are the Sons of Westwood,  
and we hail the blue and gold,  
true to thee our hearts will be,  
our love will not grow old.  
FIGHT, FIGHT, FIGHT!  
Bruins roam the hills of Westwood,  
by the blue Pacific shore  
and if by chance they see  
a \*man\* from USC,  
every Bruin starts to roar.

U (clap clap clap)

C (clap clap clap)

L (clap clap clap)

A (clap clap clap)

U-C-L-A Fight, Fight, Fight.

\*A more descriptive name for a USC  
student may be substituted here

### **Mighty Bruins**

We are the Mighty Bruins,  
the best team in the West,  
we're marching on to VIC-TOR-Y  
to conquer all the rest.  
We are the Mighty Bruins,  
triumphant evermore,  
and you can hear,  
from far and near,  
the Mighty Bruin roar.

1st verse:

U (clap, clap, clap)

C (clap, clap, clap)

L (clap, clap, clap)

A (clap, clap, clap)

U-C-L-A Fight, Fight, Fight.

2nd verse:

Go.....Fight.....Win.....Bruins!!!

*Alma Mater sung at the end of the game:  
(2 fingers raised & hats off)*

### **Hail to the Hills of Westwood**

Hail to the Hills of Westwood,  
to the mighty sea below,  
Hail to our Alma Mater,  
she will conquer every foe,  
for we're loyal to the Southland,  
her honor we'll uphold,  
we'll gladly give our hearts to thee,  
to the Blue and to the Gold.

*After the Alma Mater... following victory:*

### **Rover**

We're looking over, a dead dog Rover,  
that we over ran tonight, alright!  
One leg is broken, the other is bent,  
and in his head there's a great big dent.  
(BANG! - jump on floor)

No use explaining, the parts remaining,  
they're scattered all over the field...

NEXT PAGE!

We're looking over, a dead dog Rover,  
that we over ran tonight.



**Cingular Wireless** \*For comments or questions, please email [TheDen@ucla.edu](mailto:TheDen@ucla.edu)\*

The Dirt is produced by members of The Den, which was created to promote Bruin pride, honor old traditions, and establish new ones. If you'd like more information on how to become involved with The Den, please check out our website at [www.studentgroups.ucla.edu/theden](http://www.studentgroups.ucla.edu/theden), where you can find links to forums and other information about UCLA athletics and our group.